



# FLOOR SCHEDULE

5198 Riding Club Ln.  
Columbus, OH 43213  
614-861-6303

MON	TUE	WED	THU	FRI	SAT	SUN
	<p><u>9AM - 10AM</u> <b>CORE STRENGTHENING</b> Jan W. (Studio) (Free)</p>		<p><u>9AM - 10AM</u> <b>CORE STRENGTHENING</b> Jan W. (Studio) (Free)</p>		<p><u>9AM - 10AM</u> <b>CLUB CARDIO</b> Tony J. (Studio) (Additional Fees)</p>	
<p><u>10:30AM - 11:30AM</u> <b>SILVERSNEAKERS CLASSIC</b> Becky S. (Studio) (Eligible)</p>	<p><u>10:30AM - 11:30AM</u> <b>SILVERSNEAKERS CIRCUIT</b> Becky S. (Studio) (Eligible)</p>		<p><u>10:30AM - 11:30AM</u> <b>SILVERSNEAKERS CLASSIC</b> Becky S. (Studio) (Eligible)</p>			
		<p><u>4:15PM - 5PM</u> <b>KARATE</b> Rod R. (Studio) (Private)</p>			<p><u>10:15AM - 11:15AM</u> <b>DIVINE IMPACT FITNESS</b> Lisa H. (Studio) (Additional Fees)</p>	
<p><u>5PM - 6PM</u> <b>FITNESS BOXING</b> Andre C. (2nd Floor) (Additional Fees)</p>	<p><u>1PM - 3PM</u> <b>PATRIOT PREP</b> (Private)</p>	<p><u>5PM - 6PM</u> <b>FITNESS BOXING</b> Andre C. (2nd Floor) (Additional Fees)</p>				
		<p><u>6PM - 6:30PM</u> <b>BUDO MARTIAL ARTS ACADEMY</b> Mike F. (Studio) (Additional Fees)</p>	<p><u>6PM - 6:30PM</u> <b>BUDO MARTIAL ARTS ACADEMY</b> Mike F. (Studio) (Additional Fees)</p>		<p><u>12PM - 1:30PM</u> <b>BUDO MARTIAL ARTS ACADEMY</b> Mike F. (Studio) (Additional Fees)</p>	<p><u>2PM - 6PM</u> <b>SP ELITE TRACK</b> Coach Alonzo (Studio) (Private)</p>
<p><u>6PM - 8PM</u> <b>BOXING</b> Andre C. (2nd Floor) (Additional Fees)</p>	<p><u>6PM - 8PM</u> <b>BOXING</b> Andre C. (2nd Floor) (Additional Fees)</p>	<p><u>6PM - 8PM</u> <b>BOXING</b> Andre C. (2nd Floor) (Additional Fees)</p>	<p><u>6PM - 8PM</u> <b>BOXING</b> Andre C. (2nd Floor) (Additional Fees)</p>			
<p><u>5:30PM - 8:30PM</u> <b>SP ELITE TRACK</b> Coach Alonzo (Studio) (Private)</p>	<p><u>7PM - 8PM</u> <b>CLUB CARDIO</b> Tony J. (Studio) (Additional Fees)</p>	<p><u>7PM - 8:30PM</u> <b>SP ELITE TRACK</b> Coach Alonzo (Studio) (Private)</p>	<p><u>7PM - 8:30PM</u> <b>SP ELITE TRACK</b> Coach Alonzo (Studio) (Private)</p>	<p><u>5:30PM - 8:30PM</u> <b>SP ELITE TRACK</b> Coach Alonzo (Studio) (Private)</p>		

\*\*This schedule should not be mistaken for our hours of operation\*\*

Effective 11/1/2022