



FLOOR SCHEDULE

5198 Riding Club Ln.
Columbus, OH 43213
614-861-6303

MON	TUE	WED	THU	FRI	SAT	SUN
	<p><u>9AM - 10AM</u> CORE STRENGTHENING Jan W. (Studio) (Free)</p>		<p><u>9AM - 10AM</u> CORE STRENGTHENING Jan W. (Studio) (Free)</p>		<p><u>9AM - 10AM</u> CLUB CARDIO Tony J. (Studio) (Additional Fees)</p>	
<p><u>10:30AM - 11:30AM</u> SILVERSNEAKERS CLASSIC Becky S. (Studio) (Eligible)</p>	<p><u>10:30AM - 11:30AM</u> SILVERSNEAKERS CIRCUIT Becky S. (Studio) (Eligible)</p>		<p><u>10:30AM - 11:30AM</u> SILVERSNEAKERS CLASSIC Becky S. (Studio) (Eligible)</p>			
	<p><u>1PM - 3PM</u> PATRIOT PREP (Private)</p>	<p><u>4:15PM - 5PM</u> KARATE Rod R. (Studio) (Private)</p>				
<p><u>5PM - 6PM</u> FITNESS BOXING Andre C. (2nd Floor) (Additional Fees)</p>		<p><u>5PM - 6PM</u> FITNESS BOXING Andre C. (2nd Floor) (Additional Fees)</p>	<p><u>5PM - 5:45PM</u> TEAM PERRY AMERICAN KARATE Robert P. (Studio) (Additional Fees)</p>			
	<p><u>5PM - 6:15PM</u> TEAM PERRY AMERICAN KARATE Robert P. (Studio) (Additional Fees)</p>	<p><u>6PM - 6:30PM</u> BUDO MARTIAL ARTS ACADEMY Mike F. (Studio) (Additional Fees)</p>	<p><u>6PM - 6:30PM</u> BUDO MARTIAL ARTS ACADEMY Mike F. (Studio) (Additional Fees)</p>		<p><u>12PM - 12:30PM</u> BUDO MARTIAL ARTS ACADEMY Mike F. (Studio) (Additional Fees)</p>	<p><u>1PM - 2PM</u> BUDO MARTIAL ARTS ACADEMY Mike F. (Studio) (Additional Fees)</p>
<p><u>6PM - 8PM</u> BOXING Andre C. (2nd Floor) (Additional Fees)</p>	<p><u>6PM - 8PM</u> BOXING Andre C. (2nd Floor) (Additional Fees)</p>	<p><u>6PM - 8PM</u> BOXING Andre C. (2nd Floor) (Additional Fees)</p>	<p><u>6PM - 8PM</u> BOXING Andre C. (2nd Floor) (Additional Fees)</p>			<p><u>2PM - 6PM</u> SP ELITE TRACK Coach Alonzo (Studio) (Private)</p>
<p><u>5:30PM - 8:30PM</u> SP ELITE TRACK Coach Alonzo (Studio) (Private)</p>	<p><u>7PM - 8PM</u> CLUB CARDIO Tony J. (Studio) (Additional Fees)</p>	<p><u>7PM - 8:30PM</u> SP ELITE TRACK Coach Alonzo (Studio) (Private)</p>	<p><u>7PM - 8:30PM</u> SP ELITE TRACK Coach Alonzo (Studio) (Private)</p>	<p><u>5:30PM - 8:30PM</u> SP ELITE TRACK Coach Alonzo (Studio) (Private)</p>		

This schedule should not be mistaken for our hours of operation

Effective 12/6/2022